

**HOPE Coalition Meeting
Minutes
8:30-9:30 a.m. April 28th, 2021
Zoom
<https://mnhopecoalition.org>**

Meeting facilitator: Shauna Reitmeier, HOPE Chair

Attended: Shannon Abrahamson, Amy Hovey, Brenna Olson, Toby Eidsmoe, Frances Tougas, Heather Bergeron, Kendra Hatcher, Laura Underdahl, LeAnn Felix, Marissa Adam, Mitch Berstein, Molly Janicke, Paul Beirmaier, Paula Newinski, Paula Hedlund, Sarah Lefebvre, Tammie R, Tim Denny & Carol Gwin

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Welcome	<ul style="list-style-type: none"> • Introductions 		All
Minutes	<ul style="list-style-type: none"> • Review and Approve 3.24.2021 Minutes 	If you have edits for minutes from last month please email Shauna or Shannon.	Shauna
Bylaws	<ul style="list-style-type: none"> • Review and Approve Bylaws <ul style="list-style-type: none"> ○ Treasurer/Secretary ○ Officer Terms 	Terms of Officers will be one year with Vice Chair moving up to Chair in subsequent year. No recommendations brought forward for Secretary or Treasurer- Coordinator will assume these responsibilities. Group came to consensus with thumbs up to approve current Bylaws.	Shauna
Outreach Activities	<ul style="list-style-type: none"> • May Campaign- Mental Health Awareness Month <ul style="list-style-type: none"> ○ Newsletter ○ Stop the Stigma ○ Training- "Make it Okay" May 20th, 24th & 25th • Table Tents- Review 	<p>Shannon will send campaign to the group to easily distribute information to Social Media pages and partners. Work on gathering a list of entities that are part of the coalition to send out to the group (Like FB pages) so we can get more traffic. Send a letter to Superintendents to approve posts and send out to share on their FB pages? Printing Posters would also be beneficial to hang up in breakrooms, etc.</p> <p>Tim is amping up trainings in the schools and region. There is also a 90 minute training that NAMI will provide to our region that focuses on Stigma reduction via virtual. (Make it Okay) \$200/training, Target audience- anyone. Once dates and times are booked, Shannon will send info out to the group to share. Tim will share with chambers as well. Ideal size of training: 10-100 participants. CTL will fund one training and we are asking that the HOPE Coalition funds one as well. Is everyone okay with allocating \$200 to this training? All aye... Will move forward with booking trainings.</p> <p>Website: www.wellnessmn.org has resources that EMS, Dr's, Nurses, etc. can utilize. May 6th from 1:00-2:00 Henry Emmons will be speaking on restoring resilience via virtual. Shannon will send out to the group.</p> <p>Shannon will send out table tent designs to get feedback from the group. Look at Ag community first- do not exceed \$1000. Sarah suggested putting them in small town café's as well</p>	Subcommittee

Financials	<ul style="list-style-type: none"> • Review monthly financials 		All
Suicide Prevention Month	<ul style="list-style-type: none"> • Suicide Prevention Month <ul style="list-style-type: none"> ○ NAMI Walks (Suicide awareness walk) ○ Speaker ○ Swag for Schools 	We will set aside a majority of our time next month to start discussing activities for September.	All
Adjourn	<ul style="list-style-type: none"> • HOPE Coalition Subcommittee Meeting: May 5th, 2021 1:30-3:00, via Zoom • HOPE Officers Meeting: May 20th, 2021 9:00-9:30, via Zoom • HOPE Coalition Meeting: May 26th, 2021 8:30-9:30, via Zoom 		All