

**HOPE Coalition Meeting
Minutes
May 24, 2023 @ 9:00am
Zoom
<https://mnhopecoalition.org>**

Meeting facilitator: Cayla Blackburn, Chair

Attendees: Shannon Abrahamson, Brenna Olson, Tim Denney, Brandi Knutson, Brooke Homstad, Destiny Brown, Fran Tougas, Jeanna Kujava, Jan Carr- Herseth, Jodi Ramberg, Katie Edvall, Katie Kleven, Kayte Carson, Kim Meyers. Marissa Adam, Megan Olson, Megan Starr, Paula Vareberg, Sarah Kollin, Sheena Maruska & Tori Felzien

| Agenda Topic | Discussion Points | Actions/Discussion | Whom |
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| Welcome | <ul style="list-style-type: none"> • Introductions | Katie Edvall- Alluma Megan Olson- Alluma | All |
| Agenda/Minutes | <ul style="list-style-type: none"> • Review and Approve 4.26.2023 Minutes & 5.24.2023 Agenda | Destiny approved agenda and minutes as presented, Jody Seconded, all aye- motion passed | All |
| Updates from Subgroups | <ul style="list-style-type: none"> • Ag outreach workgroup (Cayla, Brenna & Sarah K.) • Suicide Survivor Care package workgroup (Destiny, Jan, Cayla) • Interactive Booth workgroup (Brenna, Brooke H, Krysta S, & Amy H.) | <p>No new updates from Ag group. Brenna will give Shannon Kittson's Ag outreach materials and Shannon will coordinate a time to meet Jeanna. Brenna will connect with Jody at UMN to get her some Ag outreach kits next week.</p> <p>Destiny, Sheena & Fran will distribute Ag kits to Marshall County. Brenna will drop them off materials.</p> <p>Suicide Survivor- Jan will cover Roseau, Tim- Kittson, Cayla will distribute in Pennington & Red Lake, & Destiny Marshall County.</p> <p>Interactive work booth- We have Trainings offered in the Region on the board. Brenna had a signup sheet available so people could sign up for future trainings. Discussed creating a shared site to place documents for people to grab and print as needed so we are not sending out a ton of emails or having to travel to meet.</p> <p>Additional ideas: Tim has a spin wheel available if people want to use it. Roseau County Fair- They are focusing on 988</p> | Subgroups |

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| | | <p>Polk county has used a Plinko Board in the past- very interactive- Rocks to right inspirational words. Jeanna- Rain flower project Spin the wheel of scenarios- what do you do? Point them to a training to help with scenario.</p> | |
| Other | <ul style="list-style-type: none"> HOPE Coalition Vice Chair – any interest for another person to be VC | <p>Brenna has agreed to take the vice chair role. She will start in June 2023.</p> | Cayla |
| Trainings/Events | <ul style="list-style-type: none"> MHFA- Virtual 6.21.2023 FAIRS <ul style="list-style-type: none"> Roseau: July 16-21st Integrative BH group Norman: June 21st-24th Kim M. Pennington: July 12-16th Polk: July 5th-9th Marshall: July 19th-23rd Kittson: July 6th-9th Red Lake: June 22nd-25th Mahnomen: June 28th-July 2nd BE THE VOICE- TRF August Crookston eRace Stigma event 9.16.2023 Fosston event updates? <ul style="list-style-type: none"> Continue community momentum with Firefly Center for Art & Wellbeing Soul Shop | <p>Shannon will reach out to Sarah Kemp-Tabut to get updated contact information for MHFA training and send to the group</p> <p>Marshall County- Public Health Fran Tougas would be willing to team up and distribute HOPE items at the fair</p> <p>Roseau- Andrea Dokkendorf from VA is going to partner with LifeCare at their booth.</p> <p>Kittson- 26th- 30th July, not 6th-9th</p> <p>Pennington- Cayla would be willing to sit at the booth a couple of days- need volunteers to help</p> <p>Mahnomen- Norman/Mahnomen Public Health June 29th-July 2nd</p> | All |
| Financials | <ul style="list-style-type: none"> Review HOPE Financials (attached) <ul style="list-style-type: none"> MAX Foundation CTL mini grant Community Grants | <p>Reviewed financials.</p> <p>Should we order stress balls, or should we look at other swag items to cut cost?</p> <p>Tim, Destiny & Brenna will have 988 materials to distribute in the region.</p> <p>CTL is no longer the focus it is now 988. CTL information is still there and is not going away. Tim and Brenna are our new Regional Suicide Prevention Coordinators Tim will be .4 –</p> | Cayla |

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| | | Roseau & Kittson. Brenna is .6- and will cover the rest of the NW8 Shannon, Brenna and Cayla will connect on 988 swag | |
| Adjourn | <ul style="list-style-type: none">Next HOPE Coalition meeting: June 28th, 2023 @ 9:00am via Zoom | | |