

**HOPE Coalition Meeting
Minutes
August 23rd, 2023 @ 9:00am
Zoom
<https://mnhopecoalition.org>**

Meeting facilitator: Cayla Blackburn, Chair

Present: Destiny Tinnes, Jan Carr-Herseth, Shannon Abrahamson, Stephanie Downey, Brenna Olson, Kirsten Fagerlund, Brad Vold, Kristin Helmers, Jodi Ramberg, Katie Klaven, Kim Meyers, Sarah Kollin, Megan Starr, H Vatnsdal, Mariah- PCPH, Amy Hovey, Jeanna Kujava, Fran Tougas, Katie Edvall, Kayte Carson, Dawn Hedlund, Katie Vasey, Kathy Magnussen, Sarah Lefebvre & Michelle Van Camp

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Welcome	<ul style="list-style-type: none"> • Introductions 	New members: Brad Vold- BCBS Kristin Helmers Mariah- PCPH	All
Agenda/Minutes	<ul style="list-style-type: none"> • Review and Approve 7.26.2023 Minutes & 8.23.2023 Agenda 	Jeanna approved agenda and minutes as presented, Michelle seconded, all aye- motion carries.	All
Subgroups	<ul style="list-style-type: none"> • Ag outreach workgroup (Cayla, Brenna & Sarah K.) • Suicide Survivor Care package workgroup (Destiny, Jan, Cayla) <ul style="list-style-type: none"> ○ Kittson-Tim ○ Roseau-Jan ○ Marshall- Brenna ○ Pennington- Cayla ○ Polk- Brenna ○ Norman-Kim ○ Mahnomen-Kim ○ Red Lake-Sarah • Postvention training & plan <ul style="list-style-type: none"> ○ Connect Suicide Postvention Training is a half day training that focuses on engaging and building capacity for key service providers who will be involved responding to a suicide or other sudden death in a community. Postvention training is a proactive planning tool to promote healing and reduce risk in the event of a suicide or sudden death. Using National Best Practice protocols, participants will learn how to reduce the risk of contagion and create a comprehensive response plan in the event of a suicide. The training includes interactive case scenarios, discussion, exercises, PowerPoint, and printed materials. Discipline-specific modules are included in the training for social service agencies, 	<p>Reach out to Brenna or Shannon if you need more chip clips or koozies with MN Farm & Rural Helpline.</p> <p>Suicide survivor care packages are being distributed.</p> <p>Postvention subcommittee is working on a Suicide care packages that we can utilize as well.</p> <p>MDH- There are multiple trainings in the State for postvention trainings. No cost for the training, but there is a significant cost to bring in someone for T4T.</p> <p>Roseau County and Kittson County are looking at implementing a plan and training. It would be beneficial to look at what your emergency management group has in place in your county.</p> <p>There are no required prerequisites for the postvention training but would recommend a gatekeeper training at minimum. (QPR).</p>	Subgroups

	<p>schools, and mental health and substance use providers. The training is delivered by certified Connect Postvention instructors. A culturally adapted Connect Postvention training is available for tribal communities. Who can be trained: Social service, mental health and substance use professionals, education, law enforcement, emergency responders, coalition leaders, faith leaders, and others wanting to learn how to develop a coordinate response to a sudden death. Training format and cost: Delivered virtually or in-person. Cost Varies by agency.</p> <ul style="list-style-type: none"> ○ https://sprc.org/online-library/connect-suicide-postvention-training/ ● Lethal Means Safety ● Regional Coordinators 	<p>Sarah Kemp Tabut is interested in starting a lethal means subgroup if anyone is interested. Destiny Tinnes, Katie Edvall, Kristin Helmers, Shannon Abrahamson & Jeanna Kujava are interested in being a part of that group.</p> <p>Regional Coordinators can offer trainings, TA, partnerships, and special population work. Brenna will cover the Pennington, Polk, Marshall, Red Lake, Mahnomen & Norman Counties and Tim will cover Roseau and Kittson Counties moving forward.</p>	
Outreach	<ul style="list-style-type: none"> ● Threat Assessment training July & August Dates (Recap) ● Youth Mental Health First Aid- August 2023 (Recap) ● BE THE VOICE- TRF (Recap) ● eRace Stigma Community Walk 9.16.2023 <ul style="list-style-type: none"> ○ HOPE Booth- Need volunteer ● HOPE tote- refill items ● Suicide Prevention Month- toolkit https://www.health.state.mn.us/communities/suicide/basics/awarenessmonth.html ● Safe Reporting Saves Lives 	<p>Threat assessment training is a very good training for anyone working in the schools.</p> <p>YMHFA is a very good training. If you have the opportunity to participate- encourage staff. Destiny has access to YMHFA trainers if we are interested in hosting one in our region.</p> <p>Speaker was great last night. There weren't as many vendors as in the past- Community strong focused more on Pennington County rather than the region</p> <p>Tim will table the HOPE booth at eRACE stigma Community walk.</p>	All
Financials	<ul style="list-style-type: none"> ● Review HOPE Financials (attached) 	Reviewed financials	Cayla
Open Forum	<ul style="list-style-type: none"> ● Community Updates 		All
Adjourn	<ul style="list-style-type: none"> ● Next HOPE Coalition meeting: September 27th, 2023 @ 9:00am via Zoom 		

