

HOPE Coalition Meeting
Minutes
8:30-9:30 a.m. September 22nd, 2021
Zoom
<https://mnhopecoalition.org>

Meeting facilitator: Amy Hovey, HOPE Vice-Chair

Attendees: Shannon Abrahamson, Carol Gwinn, Sarah Kemp Tabutt, Tim Denney, Jeri Nomeland, Amanda Lien, Brooke, Kim Myers, Kirsten Fagerlund, Marissa Adam, Paula Hedlund, Sarah Lefebvre & Stephanie Downey

Guests: Melissa Serafin & Melissa Adolfsen- Wilder Research

Agenda Topic	Discussion Points	Actions/Discussion	Whom
Welcome			All
Minutes	<ul style="list-style-type: none"> Review and Approve 7.28.2021 Minutes 	Sarah moved to accept the minutes and Kirsten seconded	Amy
Wilder	<ul style="list-style-type: none"> Prioritization survey- Top ranked factors & populations 	<p>Potential Priorities</p> <ul style="list-style-type: none"> Youth mental health concerns Feeling teachers and school staff care Having one or more adults to talk to Educational engagement Feeling safe at school Participation in pro-social activities (at least one for each youth) Veterans (Sarah Kemp Tabbut w/ VA and happy to help) <p>Potential Strategies</p> <ul style="list-style-type: none"> Student-led peer care initiative (Tim, Thief River has done this, not EBP) Sources of Strength (EBP peer-led program requiring ample buy-in, can be woven into advisory time, lunch, before and/or after school) https://sourcesofstrength.org/discover/faq/ Project 11 (K-8 mental wellness curriculum out of Manitoba, Roseau and Warroad implementing this year) https://www.projecteleven.ca/ Project Aware (SAMHSA-funded initiative for State Education Agencies) Erika's Lighthouse (classroom education, teen empowerment, family engagement, policy work and staff training) https://www.erikalighthouse.org/ Mental Health Matters (student-led initiative in Fargo) 	Melissa & Melissa

		<p>Considerations</p> <ul style="list-style-type: none"> ▪ There are already community partners out there working with the schools that we could collaborate with—not starting from scratch ▪ Tap into existing SEL and PBIS work ▪ Partner with youth centers as well as schools ▪ Importance of considering evidence of effectiveness (noted by Stephanie and others), but acknowledgement of need for sustainable staffing for implementation (providers are scarce) ▪ Youth are concerned about peers/caring for peers but need skills; some lack of trust in adults ▪ Interest in coordination and consistency 	
<p>Suicide Prevention Month</p>	<ul style="list-style-type: none"> • Table Tent Distribution: <ul style="list-style-type: none"> ○ https://www.signupgenius.com/go/10C0C44A5AB22A4F8C16-table • MDH Suicide Awareness Month Toolkit <ul style="list-style-type: none"> ○ https://www.health.state.mn.us/communities/suicide/basics/awarenessmonth.html • RDO Funding 	<p>Kim- we do not have anything scheduled at this time, due to the recent COVID spike again. Looking at hosting a community event with a panel or eRace stigma race in Ada. Carol is going to ask RDO if there is flexibility to carry over these dollars. Sarah- Marshall county is looking at providing some online events as they had to postpone the Creating a Caring community event again due to the recent spike in numbers. But, she is hearing in the community that they would rather have in person.</p>	<p>Subcommittee</p>
<p>BE THE VOICE</p>	<ul style="list-style-type: none"> • BE THE VOICE & eRace Stigma: Recap <ul style="list-style-type: none"> ○ Total cost \$26,098.89 ○ Show Attendance 350 <ul style="list-style-type: none"> ▪ T-shirts leftover 135 ○ eRace Stigma proceeds to HOPE \$963.42 <ul style="list-style-type: none"> ▪ eRace Stigma attendance 84 ▪ T-shirts 21 leftover- Sell them? • BE THE VOICE- Warroad <ul style="list-style-type: none"> ○ Winter/Spring ○ Partner with MAX Foundation ○ \$20,000 budget 	<p>AMHI will be hosting another BE THE VOICE event in Warroad next Winter/Spring with Renee & Tim and has asked the LAC to partner and host their Mental Health Awareness Expo to provide the community with resources. They have asked the MAX Foundation to help with the coordination of the event and are waiting to hear back.</p>	<p>Shannon</p>
<p>Financials</p>	<ul style="list-style-type: none"> • Review monthly financials 		<p>Amy</p>
<p>Adjourn</p>	<ul style="list-style-type: none"> • HOPE Subcommittee: October 20th, 1:00-2:00 • HOPE Officers Meeting: October 21st, 2021 9:00-9:30, via Zoom • HOPE Coalition Meeting: October 27th, 2021 8:30-9:30, via Zoom 		<p>All</p>
	<ul style="list-style-type: none"> • 		

